

New Freedom

Emotional Healing Ministry



New Freedom's Emotional Healing Ministry is Christ-centered, existing to help people who are seeking solutions to life's problems.

Based on sound Biblical principles, the program combines emotional healing and support, mental health education and loving discipleship for growth in Christ. It is designed to encompass a wide variety of problems and hurts. See list of covered topics.

Meeting Time

Thursday, 7:00-9:00pm, Room E203
Confidentiality is emphasized.

"The Lord is close to the brokenhearted and saves those who are crushed in spirit."

Psalm 34:18

Emotional Healing Ministry covers a variety of topics, including the following:

- Unresolved childhood pain/grief
- Recurring self-defeating relationship patterns, such as unhealthy dependencies on others
- Low self-acceptance, lack of personal identity
- Doubts of salvation, God seeming unreal
- Anger episodes
- Depression or anxiety related to lifestyle stress, patterns of thinking or major life changes
- Compulsive/addictive behavior resulting in shame
- Victimization or rejection
- Control issues, emotional insulation perfectionism, workaholism
- Christian "service-aholism" burnout
- Boundary issues

Meeting Time

Thursday, 7:00-9:00pm, Room E203

Confidentiality is emphasized

Contact Information

Program Coordinators
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